



Guest Services Directory



@ LucknamPark



[facebook.com/LucknamPark/](https://www.facebook.com/LucknamPark/)

Lucknam Park, Colerne, Chippenham,

Wiltshire, SN14 8AZ. England

Telephone: 01225 742777

Website: www.lucknampark.co.uk



Dear Guest,

A very warm welcome to Lucknam Park.

We are proud of our skilled and enthusiastic team and will do everything possible to meet all of your requirements.

The following pages list all the services available to you in and around the hotel and how to gain access to them. If there is anything you require which is not listed, please call Reception by dialling '0' and we will try our very best to assist you.

I wish you an enjoyable and memorable stay with us.

SAKIS DINAS

General Manager



Lucknam Park is proud to be a member of the following organisations:

Relais & Châteaux



Established over half a century ago, Relais & Châteaux is an association of the world's finest hoteliers, chefs and restaurateurs that has set the standard for excellence in hospitality. Relais & Châteaux has redefined luxury hospitality by emphasising holistic experiences that transport its guests, taking them on a sensual journey and introducing them to a deeper, truer understanding of the Art of Living.

Lucknam Park is very proud to be a member of this prestigious organisation which puts the emphasis on the 5 Cs, Courtesy, Charm, Character, Calm and Cuisine.

We have been a member since 2001

www.relaischateaux.com

Pride of Britain



Great hospitality is the key to Pride of Britain's longstanding reputation for excellence in hotel keeping.

The consortium is a not for profit organisation that belongs to its member hotels, a collection of never more than 50 independent, mostly family-owned, luxury hotels in some of the most beautiful locations around the British Isles. Each has its own distinctive style and character but all of them are run by people with a passion for great hospitality, verging on the obsessional.

We have been a member since 2013

www.prideofbritainhotels.com



The History of Lucknam Park

It is not known exactly when Lucknam began, but the “ham” ending to its name, “Luckenham” suggests that it was a Saxon settlement dating from before the Norman invasion in 1066. We know from the Domesday Book (William the Conqueror’s survey of England), that there was a farmhouse at Lucknam in 1199. Lucknam was farmed by unknown families for up to five centuries until 1688 when the estate was left to nine cousins who promptly sold up.

Wallis Family

The Wallis family made their fortunes in cloth and owned two cargo trading ships. In 1680 James Wallis imported 7,000 pounds of tobacco from Virginia making a huge fortune. He spent £500 of it buying Lucknam together with its 100 acres; it was he who turned the central section of the house into a grand mansion.

When James died in 1708 his 14 year old son Ezekiel inherited Lucknam and continued building using stone from a local quarry mined from the estate. It is probably around this time that the outer walls of the estate were built – some of which can still be seen today behind the woods. In 1728 he married Cecilia Selfe and served as Sheriff of Wiltshire but unfortunately died seven years later in 1735. Cecilia remarried and survived her second husband as well, but neither marriage produced any children so the estate then passed to her nephew Paul Methuen. Like the Wallis family, the Methuen’s made their fortune as clothiers.

Methuen Family

Paul Methuen was born in 1672 and had mastered French, Italian and Spanish by the age of 15. He joined the diplomatic service when he was 20. When John his father died he succeeded him as Ambassador to both Spain and Morocco. He became an MP then Lord Commissioner of both the Admiralty and the Treasury, a Privy Councillor and Principal Secretary of State. He travelled extensively but never married and so like previous owners of Lucknam did not have any children. Was there some sort of a curse on the estate?

When Sir Paul (knighted in 1725) died in 1757 he left everything to his cousin, godchild and namesake, Paul Methuen. His son, Paul Cobb Methuen (Paul Methuen III as the Americans would say) was even more fortunate being given Lucknam as a wedding present in 1776. 20 years later Paul Cobb Methuen also inherited nearby Corsham Court, the family home, making him one of the wealthiest non-aristocratic landowners in the country. Lucknam Park was by now surplus to his needs so once again it was put up for sale.



The new owner was naval officer William Norris Tonge who bought it for £7,750. However he only lived here for eight years before instructing his agent to find a buyer, perhaps because the family also owned the Manor of Highway near Calne. Not as distinguished and influential as the Methuens, William Tonge was nevertheless Deputy Lieutenant of both Gloucestershire and Wiltshire as well as being a JP. Tonge had six sons, three of whom died young. The youngest, Louis, followed his father into the Navy becoming a distinguished naval gunnery officer at the end of the era of wooden ships.

Boode Family

In 1827 Lucknam Park came into the ownership of the Dutch aristocratic Boode family. Like the estate's owners before him, Andreas Christian Boode's father made the family fortune from the colonies. On five coffee plantations in South America's Dutch Guyana, they employed more than 2000 slaves. Andreas Boode moved to England and married the daughter of the rector of Liverpool and it was on her death that he bought Lucknam Park and moved there with his two children – Phebe and John. It was Boode who built the grand pillared portico as well as the two bowed wings of the house. He also acquired more land.

His son John Boode did the Grand Tour of Italy, Russia, Palestine, Egypt and Turkey before marrying Clementina Bayntun in 1834 – poignantly the year slavery was abolished. She came from another great seafaring family. Her father was Vice-Admiral Sir Henry Bayntun KCB. Sir Henry fought at The Battle of Trafalgar in 1805 – as Commander of The Leviathan which was fifth in line from Nelson's flagship The Victory. He was awarded the gold Trafalgar Medal and a Sword of Honour.

John and Clementina's marriage was celebrated with a huge feast at Lucknam entertaining 800 guests. The newlyweds travelled to Italy spending a year in Florence. They had four daughters two of whom died in infancy. It must have been a stormy relationship as Clementina left John and they later divorced. John remained at Lucknam with his two surviving daughters.

John Boode lavished money on the house – the hall was panelled in dark oak with carved beams and coat of arms on the ceiling. He added a large library which is now the Drawing Room and a conservatory which is now Restaurant Hywel Jones. The boudoir was heavily furnished with Jacobean panelling and stained glass windows. Soon after John's death in 1870 the estate was sold once more – perhaps because the vast fortunes from the overseas plantations had begun to dry up. Their last project was to build the distinctive water tower which even today holds 75,000 gallons.

Walmsley Family

The new owner was Richard Walmsley who played cricket for Cambridge and lived at the house until his death at the age of 76 in 1893. There is a memorial to him in the village of Colerne. Lucknam then passed



to his son Johnnie whose only son was killed in the Great War. He was so badly affected by the loss that he sold Lucknam together with Home Farm to Sir Alfred Read in 1918 who stayed for only 10 years.

The Merry Family

The Merry family came to Lucknam from Scotland. James Merry was head of the second largest coal company and the third largest iron company in Scotland and his great love was horse racing. He owned two Derby winners and in 1873 his horses won The Derby, The Oaks and The St Leger. He was said to attract little affection and to be a heavy gambler. By now Lucknam had 1100 acres and in 1928, helped no doubt by the family coal fortune, his son Archie Merry bought Lucknam for his only son Eion Merry. Eion and his wife Jean moved in when they married in 1932.

In its prime the estate owned six working farms, houses in the neighbouring villages of Euridge and Thickwood, a vinery, an ice-brew house and a 63 foot long orchard filled with fruit trees. Apples were stored in the dovecote. There was even a two-mile long trout stream along the side of the estate. A spring in the grounds supplied not only the estate but the entire village until Colerne was connected to the main water supply in 1935. Cars were parked in the courtyard, staff lived in the cottages and Snowdrop bedroom in the courtyard was the tack room.

At the outbreak of WWII Lucknam sheltered hundreds of evacuees before becoming HQ for airmen at the neighbouring aerodrome RAF Colerne. The mile long tree lined driveway was used to hide Spitfires and Hurricanes – the huge beech and lime trees making perfect camouflage. During air raids everyone took cover under the billiard table in the dining room. The side cupboards were filled with tinned food and the windows covered with brown paper to block out the light and netting to catch splinters of shattered glass. The entire house was heated by just three fires in the Hall, Library and Drawing Room. One of the many visitors to Lucknam during the war was the late Queen Mary who was staying at nearby Badminton House.

When Eion Merry died in 1966 aged 63, his widow understandably could not cope with the upkeep of the enormous house and its 1,720 acres. Again Lucknam was offered for sale and bought by Jeff and Babs Stevens who bred racehorses and trained over 200 winners including Raffingora and My Swanee. They built one of the first American-style horse barns in Britain. Babs a keen horsewoman, suffered a near fatal riding accident when her daughter's hunter took fright at some pigs, reared and fell over backwards. Her competitive career over and with two children now grown up, in 1987 they decided to downsize.

The estate now changed identity and passed into the hands of investors. Lucknam Park Hotel was conceived and one year and £3.5 million later a luxury country house was born. The stables in the courtyard were converted into accommodation and the old fittings were eagerly snapped up by Badminton for the horse trials while the greenhouse from the walled garden now stands in the garden of Lambeth Palace.



Although much of the estate had been sold separately at that time it all came back under one banner in 1994 with new owners acquiring the property including stable yard and the 500 acres of parkland surrounding the hotel. A total refurbishment of the hotel and restoration of much of the garden has been completed and in November 2008, The Spa opened bringing Lucknam Park into a new level of luxury. Whilst Lucknam Park has hundreds of years of fascinating history the ongoing development ensures that the future looks bright for those who visit and enjoy their stay in these superb surroundings.

Services & Facilities

Children

Children are very welcome at Lucknam Park. We have interconnecting bedrooms available and some bedrooms can accommodate an extra bed or cot, for which a charge will be applied.

The Hideaway is a facility for parents to enjoy quality time with their children, catering for all ages with a variety of activities. Please find details under the Leisure section.

We have a floodlit tennis court, a five-a-side football pitch and outdoor children's playground available.

Lucknam Park work with 'The Hotel Nanny' as well as 'Sitters' who will deal directly with you to arrange childcare. No child should be left unattended in the room or in any other area of the hotel.

<https://thehotelnanny.co.uk/bath> <https://www.sitters.co.uk>

A children's menu is available in The Brasserie and for room service. Children over the age of 5 years can dine in Restaurant Hywel Jones in the evenings where a children's à la carte menu is available.

An adult must accompany all children under 16 years when using The Spa facilities. To ensure that The Spa can be enjoyed by all of our guests, children under the age of 16 can use the spa only between the hours of 9am and 11am as well as 3pm to 6pm.

Departure Time

Guests are respectfully asked to vacate their room by 11am on the day of departure. Luggage can be stored and guests are welcome to use the hotel and The Spa facilities, subject to availability. Please contact Reception for assistance with your luggage.



Disabled Facilities

Lucknam Park does have a number of ground floor rooms, both in the Main House and in the Courtyard. Our *Lilly of the Valley* room is specifically adapted for disabled guests.

Internet Access

There is a WI-FI connection throughout Lucknam Park. It can be found under 'LPH_Guest_WLAN' and is an open network with no password. If you do not have a laptop, we have a guest computer available; please enquire at Reception should you require this facility.

In Room Entertainment

DVD players are available at reception, a list of DVD film titles can also be found at Reception.

Pets

Well behaved dogs are welcome at Lucknam Park. Kindly note that the Hotel has a limited number of dog friendly rooms and dogs will only be accepted on a pre-booked basis. We regret that guests who arrive without advance notification of bringing a dog may not be accepted, due to a lack of availability of dog friendly rooms.

Also, for Health and Safety reasons, we have to insist on a strict '**Dogs on Leads**' rule. This is because there are a large number of horses which are either in paddocks or being ridden throughout the estate.

For full details of our dog policy and information about bringing your four-legged friends, please see our website for more details, or speak to our reception team. Other pets cannot be accepted at the hotel.

Keys

Please always deposit your room key with Reception when you are out of the hotel and on departure. This helps us to provide an effective messaging service on your behalf and also to know who is in the building in the event of an emergency.



Phone Calls

To make an outside call dial '9' followed by the required area code and number.

Local & mobile calls are charged at 30p per minute. International: £2.50 minute & Premium: £5.00 minute.

Safety deposit box

Each bedroom is equipped with a safety deposit box. The hotel does not accept any responsibility for valuables left in the safe and bedrooms.

Wake Up Calls

Please inform Reception before retiring of the time you wish to be called.



Housekeeping & Laundry

Should you require any extra items for your comfort, extra blankets, towels, pillows, hangers, additional toiletries, or require assistance to pack or unpack your luggage please do not hesitate to contact Reception.

A dry cleaning & laundry service is available Monday to Saturday. Price list and laundry bags can be found in the room. Please contact Reception to arrange collection prior to 8.00am and the items will be returned by 6.00pm the same day.

Turndown Service

Our housekeeping team will turn down your room between 7:00pm and 9:30pm. Should you not wish for them to turn down the room, please put the privacy sign on the door.

Shoe Shine Service

Please contact reception or alternatively place the shoes outside your bedroom door before retiring. Polished shoes will be returned before 8.00am.

Lost Property

Please contact Reception should you mislay any item during your stay and we will do our upmost to assist in locating it.

Car Hire

There are a number of local and national companies that the hotel uses for car hire services. Services are limited on weekends & public holidays, advance notice is advisable. It may be possible to arrange delivery of the vehicle to the hotel. Please contact Reception for further details.

Chauffeurs & Taxis

Reception will be pleased to arrange a taxi or chauffeur driven car. Please allow up to thirty minutes for a taxi to reach the hotel. Chauffeur driven cars and tours are available by prior arrangement. For personalised tours of the Cotswolds please contact reception.



Helicopter Landings

We can accept helicopter landing by prior arrangement. Please contact Reception or Reservations to obtain the necessary grid references and additional instructions.

Medical

Should you require an emergency doctor or dentist please dial 111 from your phone or contact the Duty Manager.

For Minor Injuries:

Chippenham Community Hospital	SN15 2AJ	01225 711329	7.7 miles (15 mins)
Open every day 07:00-01:00.			

Chemist

Hathaway Medical Centre	SN146GT	01249 449142	6 miles (11mins)
-------------------------	---------	--------------	------------------

Hospital /A&E

Royal United Hospital Bath	BA1 3NG	01225 428331	7.2 miles (25 mins)
(24 hour A&E)			

Parking

Available in the hotel car park, free of charge. The car park is covered by CCTV. However, we ask guests to ensure valuables are not left on display. The hotel cannot accept liability for any accident, theft or damage, which may occur in this area.

Kindly note that to ensure access for other hotel guests and emergency services we are unable to permit parking at the front of the hotel. Please call reception if you would like your car to be brought to the front.

Post

Post is collected daily from Reception at 5:00pm; please leave your letters at reception.

Smoking and Smoking Sanctuary



Since 1st July 2007 smoking throughout the public areas and bedrooms of the hotel has been strictly prohibited by law. Violation of this request may result in the fire alarms being incorrectly activated, thus causing inconvenience to other guests and to emergency services. Additionally, we reserve the right to levy additional charges to compensate for any loss of revenue and for any deep cleaning that is necessary to prepare the room for other guests.

We have a heated smoking sanctuary located behind the lavender garden where bar table service is available.

Dining

Restaurant Hywel Jones

One Michelin Star Restaurant Hywel Jones offers award-winning cuisine in an elegant setting, overlooking the beautiful tree lined avenue and estate.

Open Wednesday, Thursday, Friday and Saturday nights. Serving chefs tasting menu.

Breakfast 7.30 am – 10.30am. Daily

Dinner 6.30 pm – 9.00 pm. Daily

Restaurant Hywel Jones is our smart, elegant restaurant whereby most of our guests choose to dress accordingly. Sportswear and sports trainers are not permitted.

The Brasserie

Located by The Spa, The Brasserie offers a contemporary and relaxed environment for informal dining. Tables are available on the terrace, subject to the weather.

Lunch 12.00 noon – 4.00pm

Dinner 5.30pm – 10.00pm

The Library and Drawing Room

Lounge Menu 12.00 noon – 5.00pm



Serving a light lunch with a selection of sandwiches and salads.

Afternoon Tea Monday – Sunday 1.30pm – 5.00pm - It may be taken in the Drawing Room, Library or in the comfort of your room.

Booking is advisable, especially on weekends. Times may vary, please check with reception for up-to-date availability.

Dietary Requirements & Allergies

The Food Information Regulations 2014 requires us to inform you if any one of 14 Major Allergens are present in the dishes we serve. If you have an allergy, please inform a member of our waiting staff who would be happy to provide you with our Allergen Information Menus. Please note that we use all of the 14 Major Allergens in our kitchen and whilst we put in place measures to avoid cross contamination, we cannot guarantee that this does not occur

Room Service Drinks Menu

We serve all our spirits in measures of 50ml; however, we are happy to serve 25 ml on request.

Gin

Bombay Dry Gin 43.1% £9.00
Served with Lime

Cotswold Gin 44% £11.00
Served with grapefruit and bay leaf

Hendrick's Gin 41.4% £11.50
Served with Cucumber

Bath Gin 47.5% £11.50
Served with lime

Vodka

Grey Goose 40% £10.00
Grey Goose La Vanille 40% £11.00
Grey Goose Le Citron 40% £11.00



Mixer £3.00

Other sprits

Bacardi Cuatro Anejos Rum	43%	£9.00
Olmeca Reposado tequila	38%	£8.00
Johnny Walker Black Label	40%	£11.00
Remy Martin 1738	40%	£14.00
Disaronno Amaretto	28%	£9.00
Baileys	17%	£9.00

Beer and Cider

Peroni	£6.50
Non alcoholic Peroni	£4.00
Local Ale	£6.50
Local Larger	£6.50
Local Cider	£7.50

Room Service Wine Menu

Wine is served in 175ml and Champagne servings are 125 ml.

Champagne by the glass

Cuvée Royale Brut nature	£18.00
Cuvée Royale Blanc de Blancs	£18.00
Cuvée Royale Brut Rosé	£18.00



Wines by the glass

White wines

Sauvignon Blanc, A. Scott Family, Marlborough, N.Z.	12.5%	£10.50
Albarino, Torre la Moreira, Rias Baixas, Spain	13.5%	£11.50
Chablis Domaine Hamelin, France	13%	£13.50

Red wines

Pinot Noir, Le Versant IGP Pays d'Oc, France	13%	£10.00
Château du Gravillon, Saint Émilion, France	14%	£13.50

Rosé Wine

Côtes de Provence, Château de l'Aumérade Cru Classé, 13%	£11.50
--	--------

We are able to serve wine at 125ml on request

Full wine list is available on request.



Room Service Menu

Served daily between 12noon and 10pm

Starters

Seasonal soup of the day with bread and butter	£8 (G,D,SD,Mu,Ce,S)
Superfood salad, dressed leaves, quinoa, pomegranate, Edamame beans, spiced nuts, pomegranate molasses, muhamarra, coriander yoghurt	£9 (S,SD,Mu,N,Ce)
Valley Smokehouse salmon, lemon crème fraiche, granary croutons	£10 (F,D,G,SD,Mu,Ce,S)
Selection of nibbles, hummus, and grilled flat bread	£14(D,G,N,SD,Mu,E,Ce,Se)

Mains

Lucknam park beef or crispy Cajun chicken burger, smoked cheddar Sweet pickled onion, dill pickle, house relish and French fries	£18.50 (G,D,E,SD,Mu,Ce,Se)
Beer battered catch of the day, French fries Tartare sauce, mushy peas	£27 (G,F,SD,Mu)
Classic 'Margherita' pizza	£16 (D,SD,G)
Fresh egg pasta, crème fraiche, seasonal vegetables, soft herbs	£17 (D,E,G,SD,Mu,Ce)

Desserts

Chocolate brownie, Chantilly, Marshmallows	£9 (D,E,S)
Selection of Marshfield ice cream pots	£6.50 (E,D,G)
Selection of local cheeses crackers and chutney	£11 (D,G,E,SD,Mu,Ce)



A tray charge of £10 will be added to the bill.

Please note that a discretionary service charge of 12.5% will be added to your food and beverage bill.

Room Service Menu

Served 24 hours a day

Honey glazed Wiltshire ham, vine tomato,
wholegrain mustard mayonnaise £13.50 (G,E,D,Mu,S,SD)

Burford brown egg and cress £13.50 (G,E,D,Mu,S,SD)

Soft water prawns,
iceberg lettuce, Marie rose sauce £13.50 (C,G,E,Mu,SD,S)

Lemon roast chicken, avocado, tarragon £13.50 (G,E,D,Mu,SD,S)

Served on your choice of either granary or white bloomer bread

Soup of the day £8 (G,D)

Pasta Arrabbiata £16 (G,D,E,SD)



(C) Crustaceans, (Ce) Celery, (D) Dairy, (F) Fish, (P) Peanuts (G) Gluten, (L) Lupin, (N) Nuts, (Mo) Molluscs, (Mu) Mustard, (S) Soya, (Sd) Sulphur Dioxide, (Se) Sesame Seeds

A tray charge of £10 will be added to the bill.

Please note that a discretionary service charge of 12.5% will be added to your food and beverage bill.



Leisure Facilities

Lucknam Park has a wide range of leisure facilities on site to meet everyone's needs.

Archery, Clay Pigeon Shooting & Falconry

At the hotel, Pete from Team Pursuits in Lacock holds Shooting & Archery upon request and availability, either at the hotel or at his site in Lacock. Please call reception to discuss further.

Bicycles

Bicycles are available to ride around the estate or the local area. We have a variety of bicycles for both children and adults. Please contact reception to arrange for bikes and helmets to be brought to the front of the hotel. You will be asked to sign a disclaimer form before using the bikes.

Equestrian

All levels of riders can enjoy escorted hacks around the 500 acre estate or longer rides through the beautiful Wiltshire and Cotswold country side. We have a wide selection of horses and ponies to suit all abilities and ages from 12yrs upwards.

We offer our Equine Connect programme for those that want to work on the ground; this is an exciting experience to view a horse in its natural state, whilst observing the dynamics between horse and human. You 'connect' with your horse through observing their body language and using the herd instincts. This Equine experience has proven to alleviate stress, anxiety, and many other conditions through communicating with the horse. It is used for establishing leadership skills based on mutual respect, trust, openness and understanding as well as improving general wellbeing. Minimum of 2 people 12yrs +. Children must be accompanied by an adult.

The Equestrian Centre has a number of ponies perfect for our younger guests. We offer pony hire, to be led by a confident parent/guardian around the grounds of the estate. This is an unsupervised activity for children from the age of 3 up to 11yrs.

To enquire about availability please call reception and ask to be put through to reservations.



Football Pitch

In the grounds of the hotel behind The Spa, we have a five-a-side football pitch for the use of our guests during their stay with us, please ask at The Spa reception where they will be able to give access to the pitch and make a football available to you, should it be required.



The Hideaway

The Hideaway is a facility for parents to enjoy quality time with their children, catering for all ages with a variety of activities including:

- Games Room with Table Tennis and Table Football
- Imaginative Playroom full of arts, crafts and music
- Role-Play Room featuring mini playhouse, shop and dressing up costumes
- Baby Play Room with sensory light tubes, a tactile nature wall and soft toys
- Quiet Room for story time, board games and jigsaws
- Techno Space with numerous games

The opening hours are 9:00am to 5pm. The Hideaway is free of charge to our hotel residents and is open all year round. Children must be accompanied by a parent or guardian.

Tennis

We have 2 all-weather floodlit tennis courts which are situated in the gardens behind The Spa. If you require a tennis coach please enquire with spa receptionist or you can book the tennis courts in advance by calling The Spa reception. Tennis rackets and balls are also available. Dial '570'

Walking

There are a number of walks for you to enjoy on and around the estate. Additionally, walking maps of the Cotswolds are available. For these there are maps and wellies available at reception.



The Spa at Lucknam Park

The Spa is located in the walled gardens on the northern side of the hotel and features a 20 metre indoor swimming pool, an indoor & outdoor hydrotherapy pool, extensive thermal cabins including Japanese Salt Room, Amethyst Room, Aromatic Steam, Sauna and fully equipped gymnasium

Offering the ultimate in pampering, The Spa has nine spacious treatment suites where our own expert therapists offer a full range of health and beauty treatments for both men and women using the luxury British skin brands of 111SKIN and Natural Spa Factory.

In The Spa there is also a relaxation room and a spa terrace.

Spa Opening Times

Monday – Sunday 7.30am – 9.00pm

Children

An adult must accompany all children under 16 years when using The Spa facilities. To ensure that The Spa can be enjoyed by all of our guests, children under the age of 16 can use the spa only between the hours of 9am and 11am as well as 3pm to 6pm.

Sauna

Traditionally from Scandinavia, with a constant dry heat temperature of 70 to 80C, the Sauna is designed to bring about perspiration, improving circulation and cleansing the body of impurities; beautifully detoxifying for both body and skin.

(Aromatic) Steam Room

Steam infused with eucalyptus gives this room a high humidity and a temperature between 35 and 48C. The steam softens the skin and cleanses the pores, calms the nervous system and relieves tension; perfect for warming the muscles to benefit fully from massage and body treatments.



Amethyst Room

Scented lightly with jasmine, gentle, stimulating fiber optics and a comfortable temperature of 25c, this room is designed to release muscular tension and aid general relaxation. The large amethyst stone centered in the ceiling promotes spiritual healing and a sense of wellbeing.

Use for approx. 10-15 minutes to prepare the body prior to use of the thermal cabins.

Japanese Salt Room

Traditionally Japanese salt is used medicinally; a combination of the salt infused with the steam is an ideal remedy for the body's respiratory system. The steam will relieve tension and calm the nervous system whilst the salt relieves pressure in the sinuses and regenerates the breathing system. This room has 100% humidity and a temperature of 48C.

Thermal Cabins

Starting with the Amethyst room, the order of the thermal cabins is a choice of personal preference as to whether one prefers a dry heat (Sauna) or a wet heat (Aromatic Steam Room/Japanese Salt Room).

Each of the thermal cabins should be used for a maximum of 10-15 minutes.

Pools

Pool Temperature: 29 °C to 31 °C

Hydrotherapy Pool: 37 °C

It is advisable to firstly use the pool followed by the hydrotherapy pool, continuing on to the thermal cabins.

It is essential to drink plenty of water to ensure the body stays hydrated whilst enjoying The Spa and thermal cabins.



Treatments

Although booking in advance is highly recommended, last minute appointments are sometimes available. A full list of treatments can be found on our website www.lucknampark.co.uk.

In the event of cancellation of treatments with less than 24 hours' notice the full cost will be incurred.

Please contact The Spa reception to check availability and to make your appointment. Dial '570'.



Local Information

For on call doctor:

Colerne Surgery, SN14 8DD 01225 742028 1 mile (2 mins)

For Minor Injuries:

Chippenham Community Hospital SN15 2AJ 01225 711329 7.7 miles (15 mins)
Open every day 07:00-01:00.

Chemist

Hathaway Medical Centre SN146GT 01249 449142 6 miles (11mins)

Hospital /A&E

Royal United Hospital Bath BA1 3NG 01225 428331 7.2 miles (25 mins)
(24 hour A&E)

Post Office

Colerne (Restricted hours) SN14 8DD 01225 742436 1 mile (2mins)

Tourist Information

Chippenham Tourist Office SN15 3ER 01249 665970 7.5 miles (15 mins)

Bath Tourist Office BA1 1LY 0844 847 5256 8.8 miles (22 mins)

Golf Clubs

Manor House Golf Club SN14 7JW 01249 782206 4.5 miles (11 mins)

Kingsdown Golf Club SN13 8BS 01225 743472 7.4 miles (15 mins)

Cumberwell Park Golf Club BA15 2PQ 01225 863322 9.2 miles (16 mins)

Bowood Golf Club SN11 9PQ 01249 823881 11.4 miles (15 mins)



Lansdown Golf Club

BA1 9BT

01225 422138

11.8 miles (24 mins)



History & Heritage

Corsham Court	SN13 0BZ	01249 712214	6.3 miles (13 mins)
Bath Assembly Rooms	BA1 2QH	01225 477173	8.3 miles (18mins)
Great Chalfield Manor	SN12 8NH	01225 782239	8.4 miles (20mins)
Bath Abbey	BA1 1LT	01225 422462	8.5 miles (20 mins)
Lacock Abbey, Lacock SN15 2LG	01249 730459		10.1 miles (17mins)
Dyrham Park, Near Bath	SN14 8ER	0117 9372501	10.4 miles (17mins)
Westwood Manor	BA15 2AF	01225 863374	12.4 miles (26 mins)
Bowood House & Gardens	SN11 0LZ	01249 812102	12.7 miles (27 mins)
Farleigh Hungerford Castle	BA2 7RS	01225 754026	14.3 miles (27 mins)
Stourhead	BA12 6QD	01747 841152	30.2 miles (50mins)
Wells Cathedral	BA5 2UE	01749 674483	31 miles (59 mins)
Berkeley Castle	GL13 9BH	01453 512999	32.6 miles (42 mins)
Stonehenge	SP4 7DE	0870 333 1181	34 miles (1 hour)



Museums & Gallery

Holburne Museum	BA2 4DB	01225 388569	8.2 miles (17 mins)
Fashion Museum	BA1 2QH	01225 477 789	8.3 miles (18 mins)
Jane Austen Centre	BA1 2NT	01225 443000	8.3 miles (18 mins)
Museum of East Asian Art	BA1 2QJ	01225 464640	8.3 miles (18 mins)
Bath Contemporary	BA1 2NT	01225 461230	8.5 miles (26 mins)
Castle Fine Art	BA1 1BP	01225 789 298	8.6 miles (27 mins)
Anthony Hepworth	BA1 2LP	01225 310694	8.7 miles (25mins)
Victoria Art Gallery	BA2 4AT	01225 477233	8.8 miles (27 mins)
Roman Baths	BA2 1LZ	01225 477785	9 miles (21 mins)
American Museum	BA2 7BD	01225 460 503	9.1 miles (20 mins)
Hauser & Wirth; Bruton	BA10 0NL	01749 814060	32.2 miles (56 mins)
Fleet Air Arm Museum	BA22 8HW	01935 840565	48 miles (1 hr 9 mins)



Gardens, Parks & Nature

Wildfowl & Wetlands Trust
Slimbridge GL2 7BT 01453 891600 38 miles (50 mins)

A wetland nature reserve with 6 bird spotting hides plus a cafe, daily tours and specialist talks.

Prior Park Landscape Garden BA2 5AH 01225 833422 9.8 miles (23 mins)

The garden is set in a sweeping valley where visitors can enjoy magnificent views of Bath.

The Courts Garden, Bradford on Avon BA14 6RR 01225 782875 12.1 miles (21 mins)

Full of variety, this charming garden shows the English country style at its best.

Sutton Lane Meadows,
Chippenham SN15 4LW 01672 539167 10 miles (20 mins)

Three enclosed fields of exceptionally species-rich, unimproved, neutral grassland, managed as traditional hay meadows.

Woodchester Park GL10 3TS 01452 814213 26.8 miles (44 mins)

The tranquil wooded valley contains a 'lost landscape' with remains of an 18th and 19th century landscape park with a chain of five lakes.

Newark Park GL12 7PZ 01793 817666 25.5 miles (40 mins)

A place of architectural intrigue, quaint gardens and sprawling parkland there is much to see and do at Newark.

Westonbirt Arboretum GL8 8QS 01666 880220 13.9 miles (28 mins)

The National Arboretum is a Victorian, picturesque landscape and internationally important tree and shrub collection which is managed by the Forestry Commission.

Cheddar Gorge BS27 3QF 01934 742343 31.4 miles (1 hour 7 mins)



This is a World-famous site and is an Area of Outstanding Natural Beauty.



Sports & Entertainment

For details of current performances/fixtures, please contact reception who will be happy to enquire.

Castle Combe Racing Circuit	SN14 7EY	01249 782417	4.8 miles (10 mins)
Bath Rugby	BA2 4DS	0844 448 1865	8.4miles (18 mins)
Theatre Royal Bath	BA1 1ET	01225 448844	8.5miles (20 mins)
Odeon Cinema Bath	BA1 2BX	03330 067777	8.6miles (20 mins)
Bath Cricket Club	BA2 4EX	01225 425935	8.6 miles (19 mins)
Chapel Arts Centre	BA1 1QR	01225 461700	8.8 miles (21mins)
Little Theatre Cinema Bath	BA1 1SF	0871 902 5735	9 miles (21mins)
Bath City Football Club	BA2 1DB	01225 423087	10.1 miles (25 mins)
Beaufort Polo	GL8 8QW	01666 880510	15.2 miles (30 mins)



FIRE EVACUATION INSTRUCTIONS

- PLEASE REMAIN CALM
 - LEAVE THE BUILDING, FOLLOWING THE GREEN EXIT SIGNS
 - DO NOT COLLECT ANY BELONGINGS
 - DO NOT ATTEMPT TO TACKLE THE FIRE YOURSELF
 - GO TO THE MEETING POINT LOCATED ON THE LAWN IN FRONT OF THE MAIN HOUSE
 - DO NOT RETURN TO THE BUILDING UNTIL YOU HAVE BEEN TOLD IT IS SAFE TO DO SO