



THE SPA

BY LUCKNAM PARK

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THE SPA

Unwind in a landscape of luxury

Set within Lucknam Park's 500-acres of unspoilt Wiltshire parkland, The Spa is at one with its surroundings, incorporating wood, marble and glass to reflect the warm seasonal hues of the outdoors.

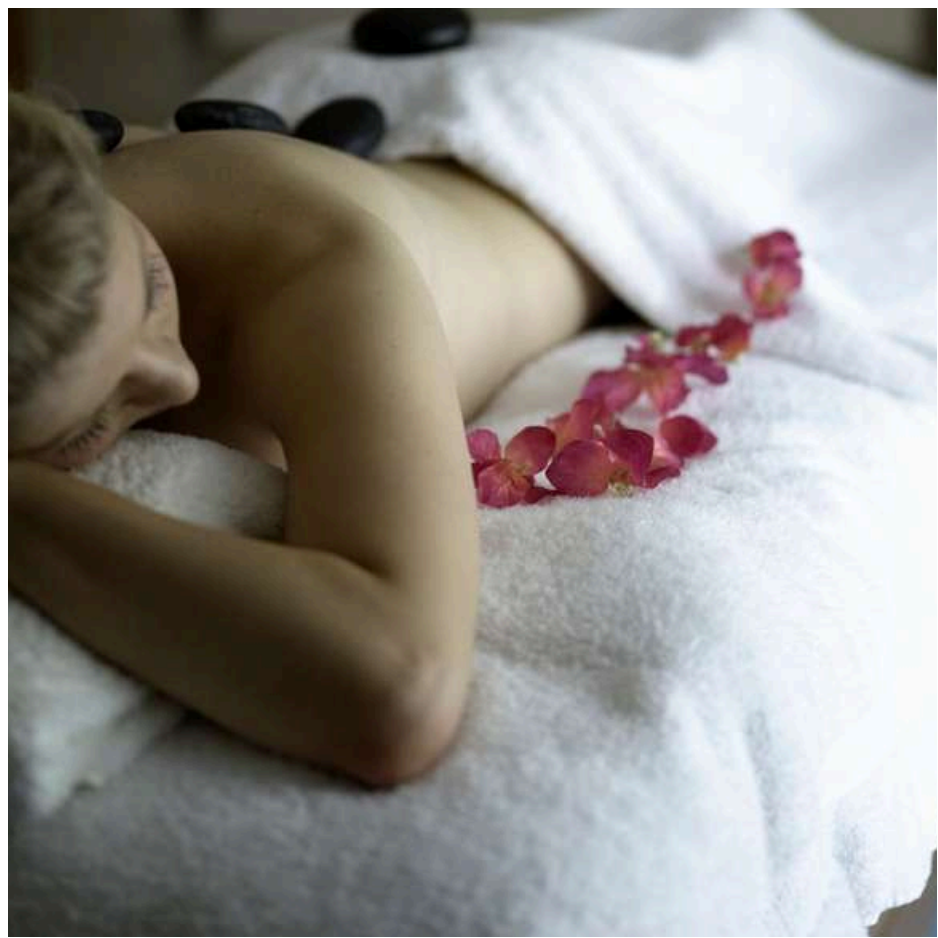
Our highly trained specialists perform a range of personalised luxury spa treatments including massages, facials, scrubs and holistic therapies in our 8 therapy rooms.

Take a rejuvenating dip in the 20-metre indoor pool, or the indoor/outdoor hydrotherapy pool offers a tranquil space to relax with views of the arboretum.

The award-winning facilities also include 5 thermal cabins, post-treatment relaxation room, and a social lounge with a skincare mixology bar.

For spa enquiries and bookings please call 01225 740 570 or email: spa@lucknampark.co.uk

[Click to view our Spa Map](#)



BODY TREATMENTS & MASSAGE

Immerse yourself in Lucknam Park's range of body treatments, rituals and massage, to enhance relaxation, restoration and rejuvenation...

MENU

LUCKNAM BESPOKE MASSAGE – 60 mins | £160 – 90 mins | £240

Your therapist will combine different massage techniques drawing from their own skill to bring an overall sense of wellbeing. Choose calming for deep relaxation, invigorating to boost energy, detoxing to cleanse the body, or soothing for gentle relief.

HOT STONES MASSAGE – 60 mins | £160 – 90 mins | £240

Succumb to the deeply relaxing powers of warm volcanic stones as this restorative treatment targets areas of persistent tension and soothes tight, tender and aching muscles.

MYOFASCIAL RELEASE AND DEEP TISSUE MASSAGE – 60 mins | £180

A comprehensive stretching routine prepares the body for powerful massage techniques designed to manipulate deeper tissues, alleviate trigger points, and enhance muscle health. For intense relief of specific concerns, this is a firm pressured and targeted massage.

COCONUT LOMI LOMI MASSAGE – 60 mins | £160 – 90 mins | £240

Mimicking the waves of the ocean, this Hawaiian-style full body massage includes long powerful strokes and deep stretches to release muscle tension. Enriching and hydrating, warm coconut oil is poured leaving you completely soothed, nourished, and renewed.

MELTING CANDLE COUPLES MASSAGE – 60 mins £160 – 90 mins £240 (per person)

Melt away side by side in our dual room with a warming candle massage, while our therapists work in sync to release areas of tension and promote overall relaxation.

MINDFULNESS MASSAGE – 90 mins | £240

Unwind a busy mind, escape daily stresses, and emerge refreshed with a renewed sense of positivity. This deeply relaxing experience combines mindfulness techniques to reduce stress and focus on the present. Guided breathing and visualisation calm the mind, while a therapeutic full-body massage relieves tension and promotes positivity.

MATERNITY MASSAGE – 60 mins | £160 – 90 mins | £240

This nourishing and nurturing body treatment is suitable from the second trimester and throughout the post-partum period. Designed with ultimate comfort in mind, your therapist will use gentle and soothing movements to ease stress, tension and fatigue. Available as a focused treatment or full-body massage.

KLORIS CBD DE-STRESS MASSAGE – 60 mins | £160

Using potent combinations of high strength balm and beautiful CBD-infused massage oils, this full body massage will melt muscle aches and calm the nervous system, while reducing inflammation and promoting a sense of deep relaxation. Massage on the reflexology zones of the feet and back will help to stimulate Qi. A facial massage using rose quartz crystals brings this restorative treatment to an end, leaving you feeling balanced and re-centred.

KLORIS SLEEP SOUNDLY RITUAL – 90 mins | £240

Exclusive to Lucknam Park, this ritual combines CBD balm and grounding aromatherapy oils, with a relaxing face and body treatment to calm the mind and induce deep sleep.

INTUITIVE CRYSTAL HEALING – 60 mins | £160

Harnessing the healing principles of Reiki, your therapist will use a selection of crystals to work through the energy centres. Light massage on the reflexology zones of the feet and back will help to stimulate Qi. A facial massage using rose quartz crystals brings this restorative treatment to an end, leaving you feeling balanced and re-centred.

SONIC ENERGY TREATMENT by Ashmira Botanica – 90 mins | £240

Experience a full body Chinese Meridian Massage combined with the healing vibrations of warm singing bowls to release stagnant energy. The mind, body and spirit are harmonised through soothing sound, gentle touch, and energetic healing, while the skin is left feeling nourished with the Yin essential oils from the pink clay mask.

REFLEXOLOGY – 60 mins | £160

Reflexology is the ancient art of applying pressure to points and reflex areas on the feet that reflect certain parts of the body, helping to alleviate areas of pain and tension, and helps restore equilibrium within the body.

SEA SALT SCRUB & BODY MASK – 60 mins | £160

A revitalising full body scrub prepares the skin for a gently warmed mask application, leaving the skin nourished and glowing. Indulge in your choice of scalp or foot massage during the treatment for the ultimate relaxation.

111SKIN CELESTIAL BLACK DIAMOND SCULPTING TREATMENT - 60 mins | £180 – 90 mins | £265

This powerful body treatment delivers dramatic results from 111SKIN's Intensive Collection to shape, smooth and saturate the skin with nourishment. Through signature massage techniques and potent surgically-inspired formulas, this treatment encourages lymphatic drainage to tone and firm the skin. Expect a smoother, sculpted figure and age-defying results.

111SKIN ROSE GOLD RADIANCE TREATMENT – 60 mins | £180 – 90 mins | £265

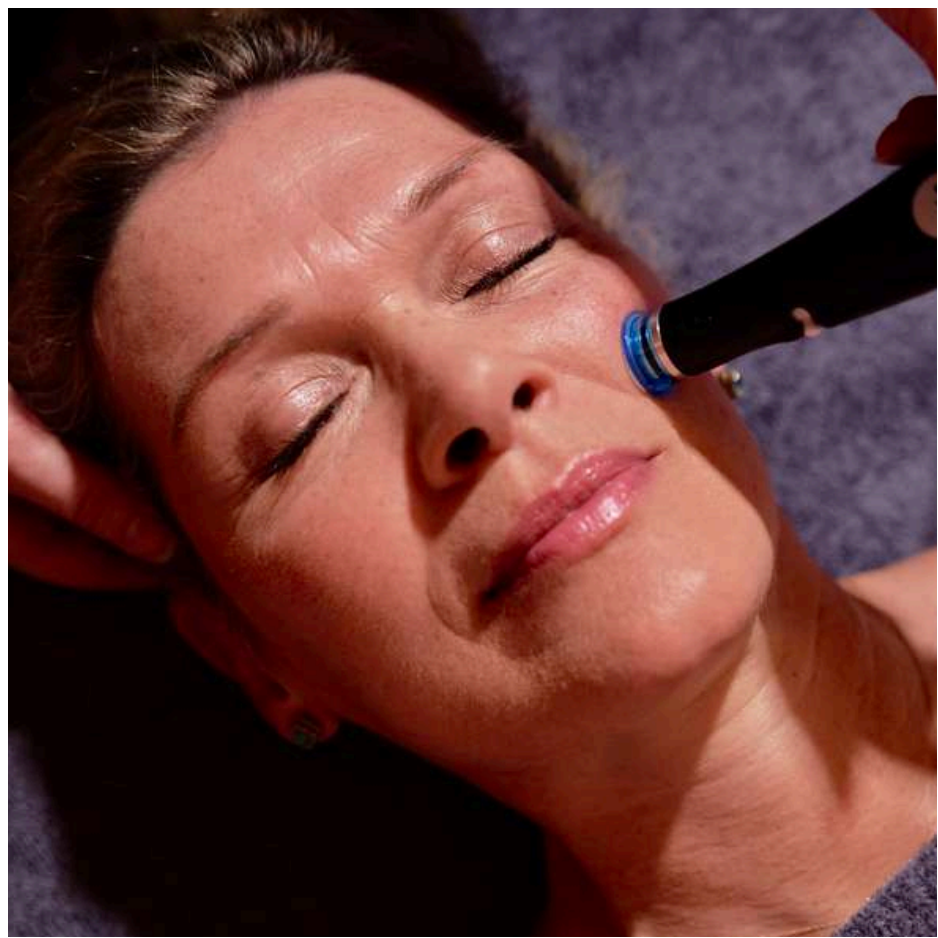
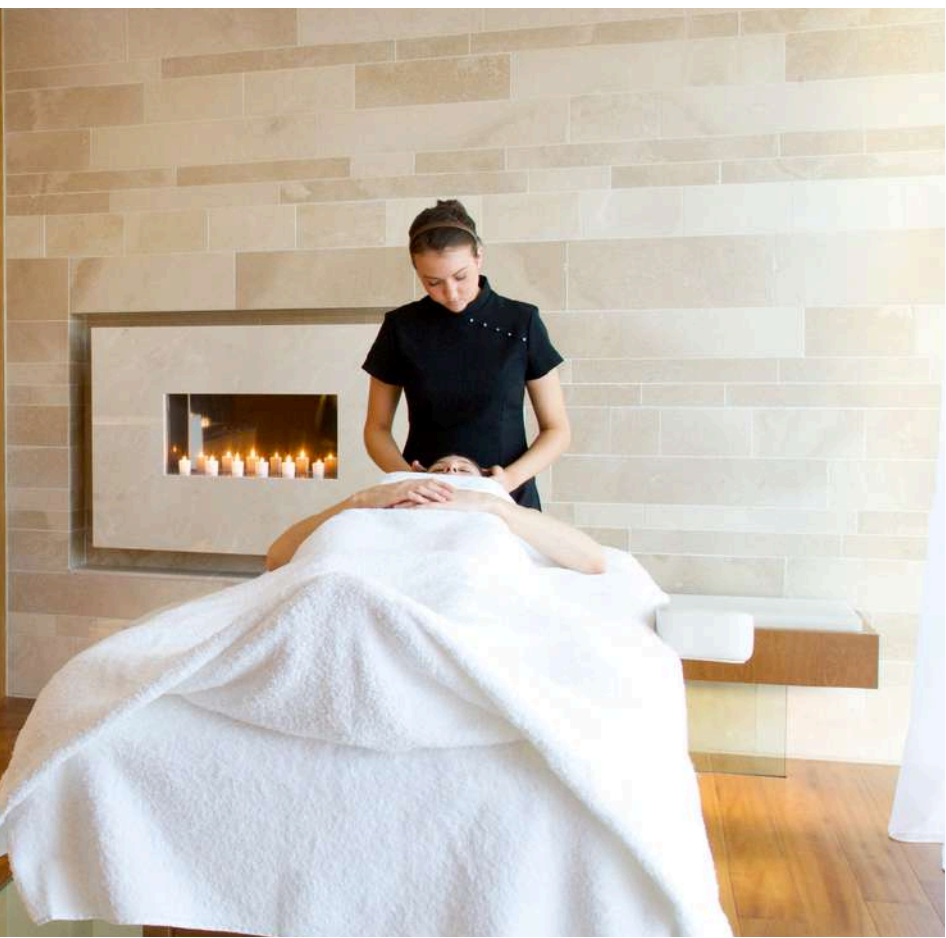
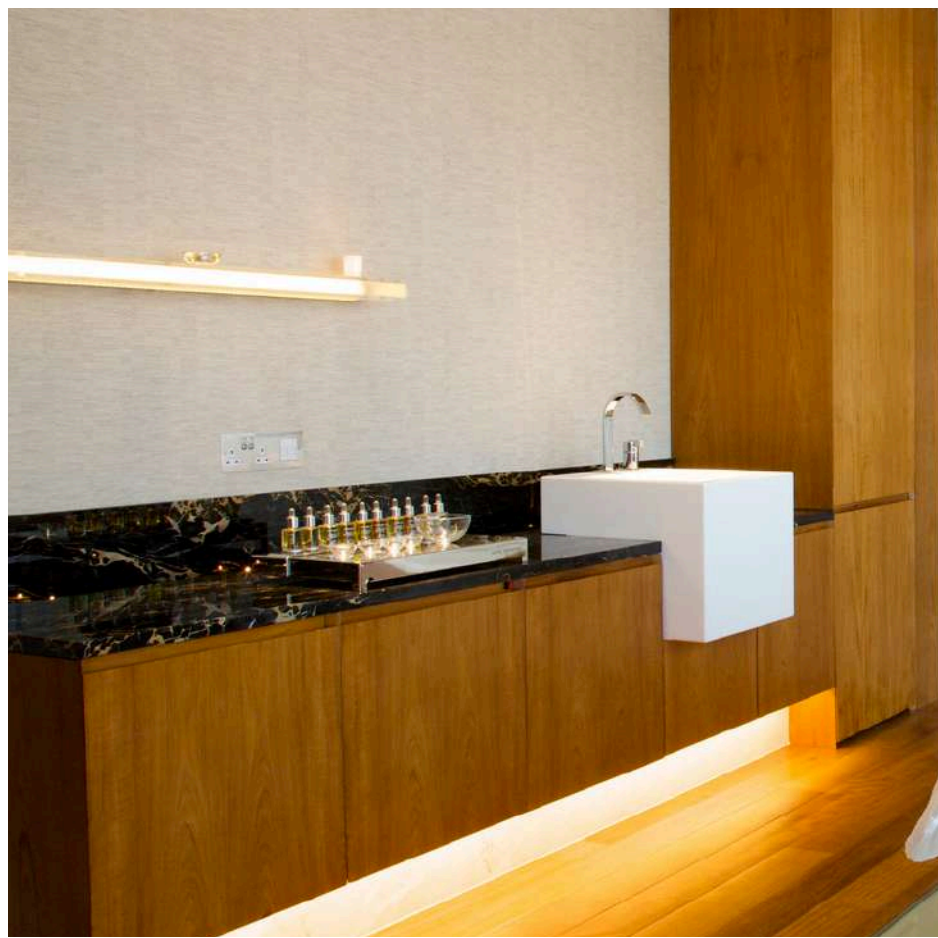
A full-body ritual harnessing 111SKIN's Radiance Collection. A total body exfoliation prepares the skin for the decadent Rose Gold Body Oil, which helps to restore and enhance the skin's natural luminosity. Calming massage movements with Rose Quartz crystals make this treatment a deeply tranquil experience that leaves skin glowing from the inside out. A Facial Massage and brightening Rose Gold Mask is also included in our extended 90-minute treatment.

111CRYO ANTI-CELLULITE TREATMENT – 60 mins | £180

A contouring treatment that utilises cryotherapy and 111SKIN products to help minimise cellulite on the outer thighs. Including specialist leg exfoliation and a specialised anti-cellulite mask, the treatment combines a cryo air-inspired massage that works to gently alleviate stubborn cellulite, whilst relaxing the body.

111CRYO DEEP TISSUE ENERGISING BODY TREATMENT – 60 mins | £180 – 90 mins | £265

An energising treatment that utilises 111SKIN's signature cryotherapy machine, along with a combination of stretches and deep tissue massage. Designed to increase circulation and relieve muscle tension, the full-body treatment addresses areas of the body most prone to aches and pains, providing lasting relief and relaxation.



FACIAL TREATMENTS

Explore the range of innovative and indulgent facial treatments available at Lucknam Park...

MENU

JADE GUA SHA SOOTHING FACIAL – 60 mins | £160

Relax and unwind with our natural soothing facial as the Gua Sha tool glides across the face to release tension. Gua Sha tools have been proven to reduce puffiness, inflammation, sinus pressure, and the appearance of fine lines and wrinkles, as well as to boost circulation and promote lymphatic drainage. Your therapist will combine this powerful but simple tool along with natural products leaving you with a refreshed and plumped up complexion.

ILLUMINATING FACIAL – 60 mins | £160

Experience radiant skin with our Illuminating Facial, designed to brighten and rejuvenate your complexion. Using advanced techniques and natural products, this facial targets dullness, uneven tone, and fatigue, leaving your skin visibly glowing. Gentle exfoliation and nourishing serums are combined with soothing massage to enhance circulation and hydration. The result? A luminous, refreshed complexion that feels deeply revitalised and smooth.

111SKIN DRAMATIC HEALING FACIAL – 60 mins | £180

A high-performance facial that enhances the skin's ability to repair and re-strengthen itself using the iconic Y Theorem Repair Serum – a clinically-proven product which utilises the unique NAC Y2 formula. Combined with clinically developed protocols, including the Deep Muscle Facial Massage, skin health is completely restored.

111SKIN CELESTIAL BLACK DIAMOND NON-SURGICAL LIFT FACIAL – 90 mins | £265

The most intensive facial, using science-led formulas with diamond powder to increase the absorption of active ingredients to ease fine lines and wrinkles. Involving 10 steps of treatment using surgically-inspired masks and aesthetician-grade exfoliating acids, skin is left smoother, lifted and contoured.

111SKIN ROSE GOLD RADIANCE FACIAL – 60 mins | £180 – 90 mins | £265

This treatment combines powerful properties of restoration with the most innovative formulas to lift, firm and sculpt. Using a three-level approach to facial massage, including our signature 111SKIN technique, incorporating smoothing wand and rose quartz crystals massage, the treatment is designed to relax and soothe the mind while alleviating irritation and inflamed skin.

111CRYO DE-PUFFING FACIAL – 60 mins | £180 – 90 mins | £265

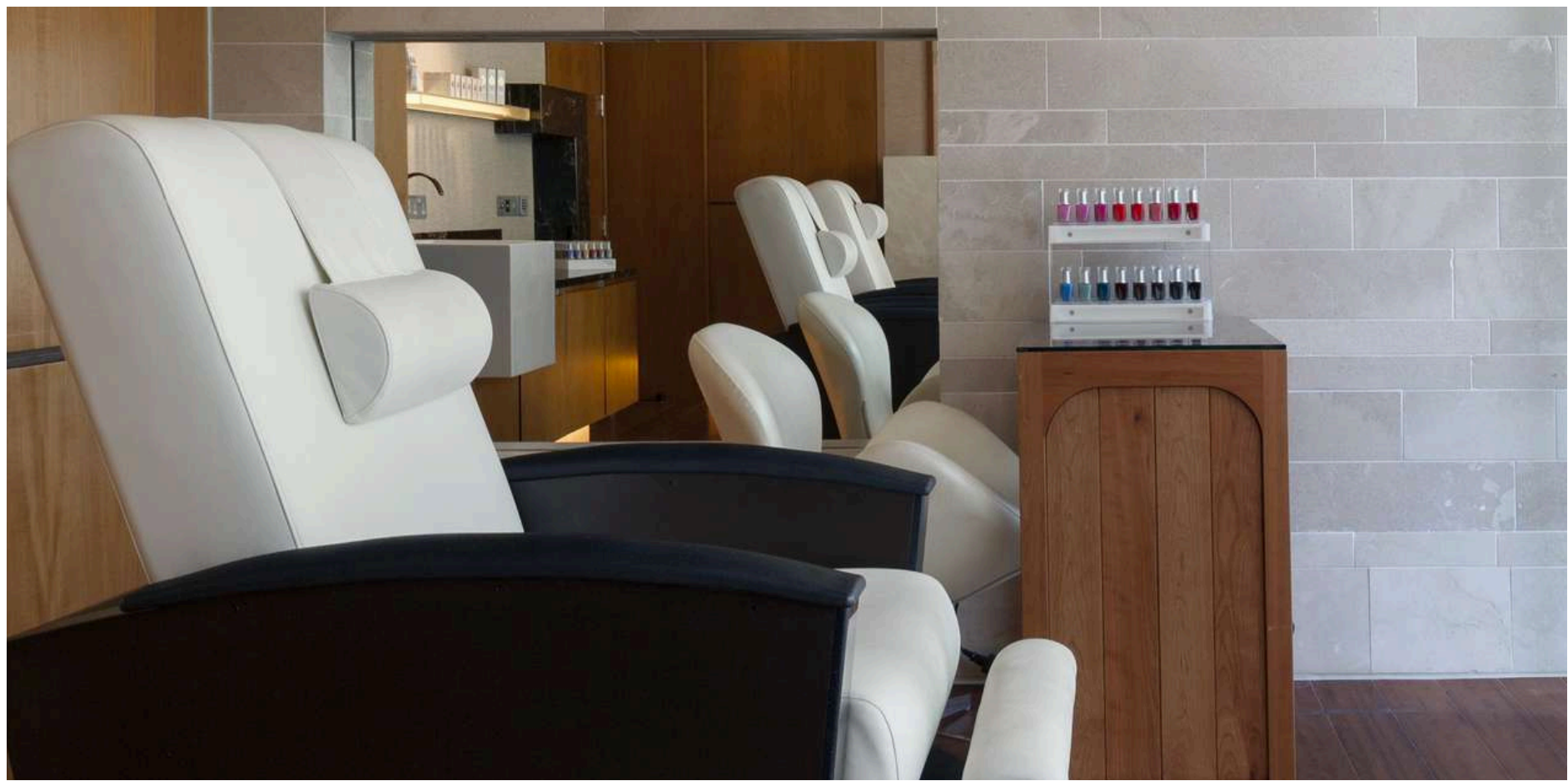
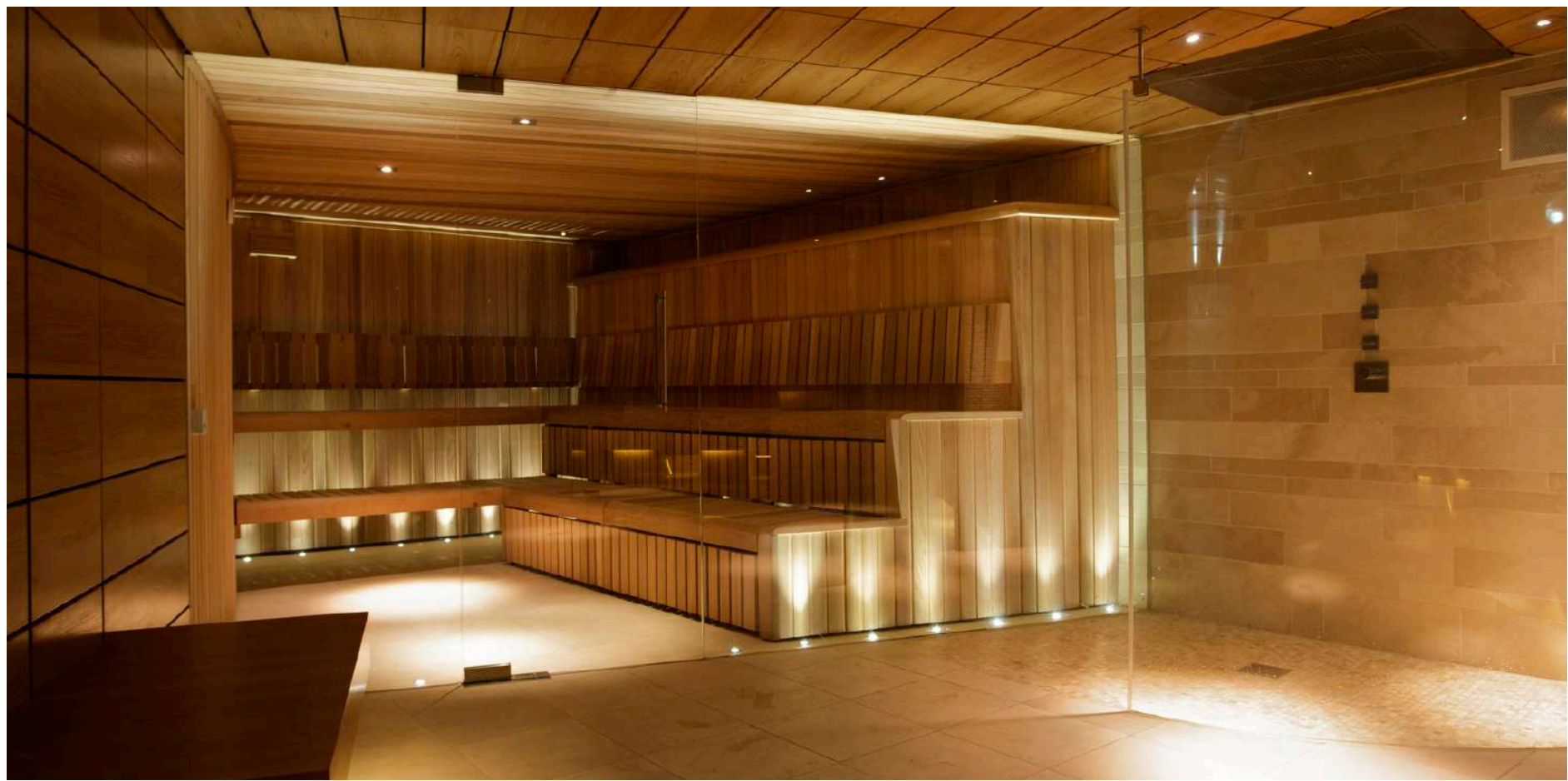
The perfect antidote to environmental stressors, Cryotherapy increases microcirculation in the skin to oxygenate the tissues and reduce inflammation. Ideal for a jet-lagged traveller or night owl to combat free-radicals that leave skin polluted, tired or lacklustre. Our extended facial delivers the deeply stimulating effects of Cryotherapy via a machine which filters and cools the air to massage the tissues with a direct hands-free approach. In our 60-minute treatment, Cryotherapy Ice Globes are cooled in preparation for a toning and detoxifying facial massage.

HYDRAFACIAL PLATINUM EXPERIENCE – 60 MINUTES | £235

The ultimate Hydrafacial experience. Begin with soothing Lymphatic Drainage to reduce puffiness and provide the appearance of lifting and contouring. Next, reveal smooth texture and vibrant skin clarity with a purifying cleanse, gentle chemical peel, and pain-free extractions using patented Vortex-Fusion technology. Finally, targeted boosters and LED therapy enhance results for personalised skin concerns, and the treatment concludes by bathing the skin with nourishing hydration and antioxidants for the ultimate glow and best skin of your life.

HYDRAFACIAL DELUXE HYDRAFACIAL EXPERIENCE – 45 MINUTES | £170

A refreshing treatment which includes all the essentials of the Signature Hydrafacial while also addressing specific skin concerns using Hydrafacial's targeted boosters to yield visible results. This is coupled with professional strength therapeutic light energy to treat skin from within.





NAILBERRY

NAIL TREATMENTS

We use the global leader in professional nail, hand and foot beauty, Nailberry, employing award-winning and innovative products to provide high quality and luxury beauty treatments for all our guests. Nailberry's L'OXYGÈNÉ range uses the latest in patented technology and delivers a free from toxic ingredients colour, resulting in a healthier manicure and pedicure. The spirit of Nailberry has a sensitivity to health and wellness, and a respect to the environment and nature.

MENU

LUCKNAM LUXURY MANICURE – 60 mins | £75

Our Lucknam Luxury Manicure provides the ultimate pampering for hands and nails as well as time to relax and enjoy the beautiful views of the Spa gardens. This complete treatment combines 111SKIN and Nailberry Skincare products to exfoliate, nourish and protect your hands. This manicure concludes with the application of our new toxic-free and hard-wearing nail polish, Nailberry. *Includes: Exfoliation, Massage, Nail Shaping, Cuticle Tidy, and Nail Polish or Treatment Application*

LUCKNAM LUXURY PEDICURE – 60 mins | £80

Treat your feet to our Lucknam Luxury Pedicure and be left feeling relaxed and refreshed. This complete pedicure combines 111SKIN and Nailberry Skincare products to exfoliate, nourish and protect your feet. This treatment concludes with the application of our new toxic-free and hard-wearing nail polish, Nailberry. *Includes: Exfoliation, Dry Skin Removal, Massage, Nail Shaping, Cuticle Tidy and Nail Polish or Treatment Application.*

NAILBERRY MANICURE & PEDICURE – 60 mins | £80

Our combined Express Manicure and Pedicure includes file, cuticle tidy, and Nailberry polish application for the perfect finish.

*Treat yourself further and add a glass of Champagne to any of our nail treatments – £20.
Kindly note that we do not offer gel or acrylics removals.*



CHILDREN & TEEN TREATMENTS

Treat your little ones to a safe and fun treatment. Our highly skilled and friendly therapists use natural products and carefully treat the most sensitive of skins. For the ultimate family experience, book a treatment for yourself to enjoy together.

MENU

(Children 5-12)

THE DANDELION DREAM – BABY BARE BUBBLES – 60 mins | £140 (available June 2025)

Created with a specialist Remedial Therapist to help with posture, growth, and confidence, this soothing face and body treatment is tailored for young, delicate skin and designed to nurture young bodies in a safe and comfortable environment. The Dandelion Dream begins with a crystal selection and guided meditation to encourage security, grounding, and positivity for psychological development as well as the importance of mindful practice. Then, a gentle facial ritual is followed by a comforting arm, leg, and upper back massage to ensure relaxation in an appropriate and playful manner.

THE DANDELION DUO – BABY BARE BUBBLES – 60 mins | £270 (available June 2025)

A shared spa experience tailored for relaxation and connection. Whilst their little one enjoys The Dandelion Dream treatment, Mum or Dad indulges in a Targeted Back Massage & Express Facial, side-by-side in our dual treatment room—introducing the next generation to the art of self-care in a serene and luxurious setting.

CHOCOLATE HEAVEN – 45 mins | £120

Give your little one the gift of comfort and relaxation. Our specially designed Chocolate Heaven experience is perfect for children, offering a soothing and fun way to unwind. The self-heating Chocolate Body Mask feels like a cosy blanket, while a gentle facial promotes relaxation and leaves their skin soft and smooth. We finish with a nourishing Monoi Body Oil, ensuring your child's skin stays hydrated and cared for.

LITTLE LUXURIES MANICURE & PEDICURE – 60 mins | £80

A little treat for hands and feet! Our Express Manicure and Express Pedicure is the perfect combination for soft skin and healthy nails. *Includes: Nail Shaping, Mini Massage, and Nail Polish Application on hands and feet.*

(Teenagers 13-16)

SOOTHING JADE GUA SHA FACIAL – 60 mins | £160

Relax and unwind with our natural soothing facial as the Gua Shas glide across the face to release tension. These cooling tools have been proven to reduce puffiness, inflammation, and sinus pressure, as well as boosting circulation and promoting lymphatic drainage. Your therapist will combine this powerful but simple tool along with natural products, leaving you with a refreshed and glowing complexion.

111SKIN REPARATIVE FACIAL – 60 mins | £180

A high-performance facial that enhances the skin's ability to repair and re-strengthen itself, this is perfectly suited to skin that can feel sensitive, dry, or irritated. Using the iconic Y Theorem Repair Collection with its clinically proven NAC Y2 formula, alongside a customised eye mask of your choice to combat specific concerns, skin health is completely replenished. A restorative cleansing ritual and essence infusion is followed by an invigorating facial massage to stimulate nutrient delivery to the cells.

TARGETED BACK MASSAGE & EXPRESS FACIAL – 60 mins | £160

This relaxing back, neck and shoulder massage uses gentle techniques designed to soothe and calm, which are followed by an express facial to brighten and restore the skin – a perfect combination.

LUXURY MANICURE – 60 mins | £75

The ultimate pampering for hands and nails, as well as time to relax and enjoy the beautiful views of the Spa gardens. This complete treatment combines 111SKIN and Nailberry Skincare products to exfoliate, nourish and protect your hands. This manicure concludes with the application of our new toxic-free and hard-wearing nail polish, Nailberry. *Includes: Exfoliation, Massage, Nail Shaping, Cuticle Tidy, and Nail Polish or Treatment Application.*

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Please note that children under the age of 16 must be accompanied by a parent or guardian for the whole duration of the treatment. Receive a special 25% discount on the second treatment when booking in the same therapy room.



SPA DAYS & BREAKS

Treat yourself to a luxurious **Spa Day**, combining spa treatments with the very best Lucknam Park has to offer. From equestrian experiences, to afternoon tea, Michelin-Star dining in Restaurant Hywel Jones, or casual all-day dining in Walled Garden Restaurant.

[Click to explore our Spa Days](#)

For those seeking an extra special spa experience, indulge in our 1 or 2-day **Spa Breaks**. Our 5-star Spa Breaks include an overnight stay in a luxury bedroom or suite, a 60-minute treatment, access to Lucknam's award-winning facilities, and dining experiences in Walled Garden Restaurant or Restaurant Hywel Jones.

[Click to explore our Spa Breaks](#)





SPA FACILITIES

- 20-metre indoor swimming pool
 - Indoor and outdoor hydrotherapy pool
 - 8 state-of-the-art treatment rooms including couples' treatment room
 - Infrared sauna
 - Ice fountain
 - 1 manicure/pedicure room
 - Social lounge with mixology bar
 - Post-treatment relaxation
 - Thermal cabins featuring Japanese Salt, Amethyst Room, Aromatic Steam and Sauna
 - Changing rooms with additional sauna and steam room (male and female)
- Life Fitness and TechnoGym fitness suite with the latest state of the art equipment
 - Peloton bike
 - Outdoor gym with range of equipment
 - Walled Garden Restaurant - offers stylish and contemporary all-day dining
 - Spa boutique
 - 5-a-side football pitch
 - 2 all weather, floodlit tennis courts
 - Gardens with sun terrace
 - Woodland walks in the arboretum



SPA GIFT VOUCHERS

Give the gift of The Spa by Lucknam Park. Choose from monetary vouchers or a variety of unique spa experiences - perfect for treating a loved one.

Our gift vouchers combine the award-winning spa with the best Lucknam has to offer, from overnight stays to equestrian activities, or Michelin-star dining.

[Click to explore and buy gift vouchers.](#)





SPA ETIQUETTE

Our spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone within the spa. The spa is a non-smoking environment.

Arrival Time

We ask that you arrive 15 minutes prior to your appointment in order to record your current spa requirements and details.

Please note if you are not a hotel resident or spa member, use of the spa facilities is not included when buying a treatment.

Cancellation Policy

Please allow 24 hours for cancellation or rescheduling of treatments to avoid a 50% charge. Failure to arrive for your reservation will result in a 100% charge being levied. We require 72 hours' notice for cancellation of a Spa Day Experience to avoid a 100% charge.

Advisory Medical Note

Please note that the heat and the hydrotherapy experiences are not appropriate for guests under 16 years of age, during pregnancy or if under medical supervision. If you are undergoing medical treatment or think that you may be pregnant please advise at the time of your visit.

Opening Times

The spa operates Monday-Sunday, 7.30am-9pm. Spa Days run Monday-Friday, 9am-8.30pm.

Children's Opening Hours

Children under the age of 16 years are only permitted to use the pool area 9am-11am and 3pm-6pm.

Age Requirements

Guests under 16 must be accompanied by an adult when using the spa and indoor pool area.

Walled Garden Restaurant

Please note that bath robes are permitted only in Walled Garden Restaurant lounge area and not in the main dining area.



BRANDS & PARTNERS

111SKIN

111SKIN is a luxury, doctor-led brand that bridges the gap between plastic surgery and skincare. Their surgically-precise formulas are backed by breakthrough skin science to optimise skin health and deliver visible, targeted results.



KLORIS

Every Kloris CBD product is designed to be effective, sustainable and a joy to use. Their formulas use the finest natural ingredients with no unnecessary fillers, preservatives, colours, scents or flavourings, and all products are made in the UK.



BABY BARE BUBBLES

Baby Bare Bubbles offer luxury hair and skin care products specially formulated for babies and children, using all-natural ingredients for safe and effective bathtime care.



NAILBERRY

Nailberry are the pioneers of healthy manicures and are on a mission to remain that way. Creators of vibrant, timeless and long-lasting hues, encapsulated in breathable, better-for-nails formulas



NATURAL SPA FACTORY

Incredible home-grown products created in the heritage city of Bath. All Natural Spa Factory skincare is cruelty free, gender neutral and suitable for every body.





LUCKNAM PARK HOTEL & SPA, COLERNE, SN14 8AZ

Tel: +44 (0)1225 742777

www.lucknampark.co.uk

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