

THE SPA
BY LUCKNAM PARK

05 Signature

07 Wellbeing

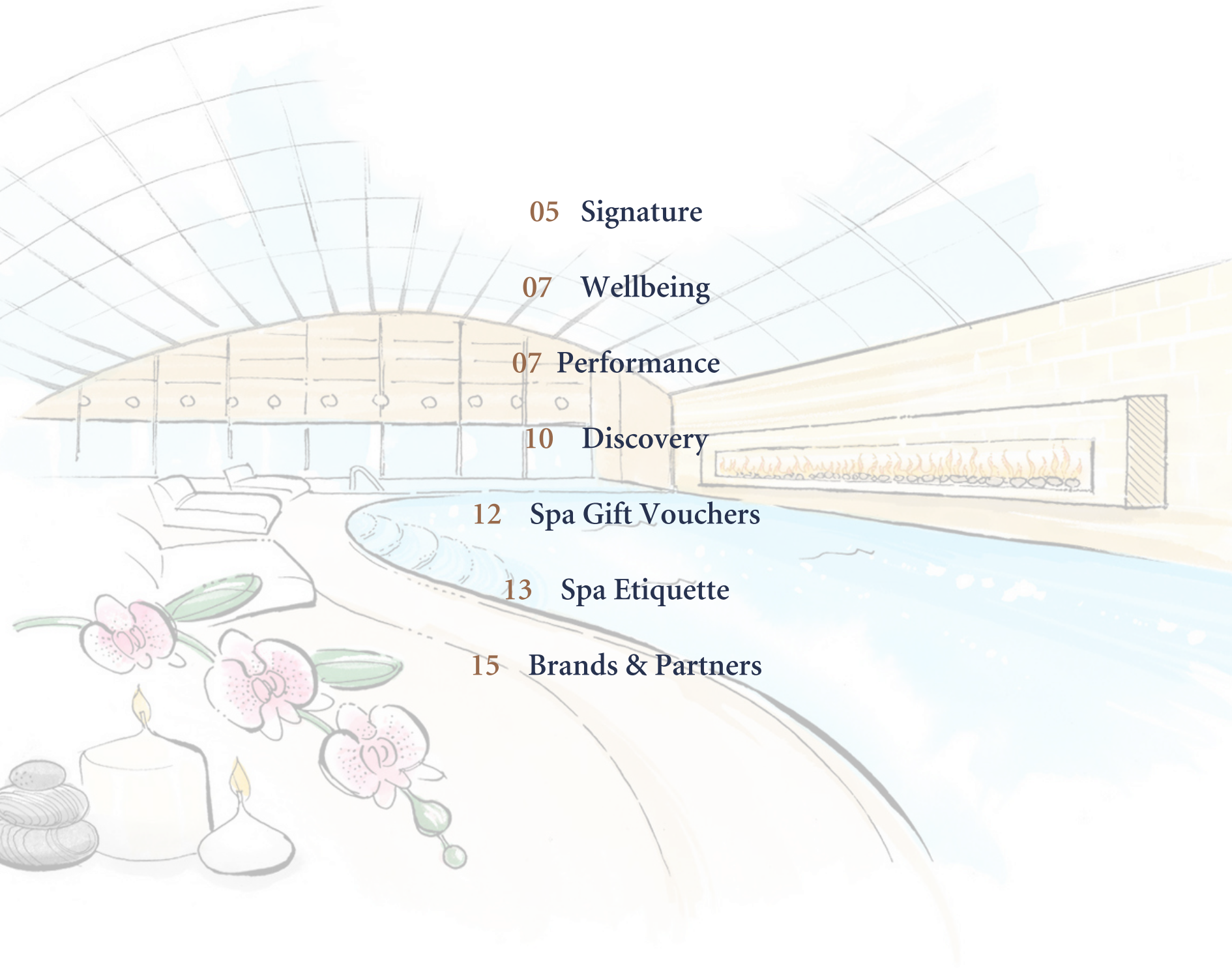
07 Performance

10 Discovery

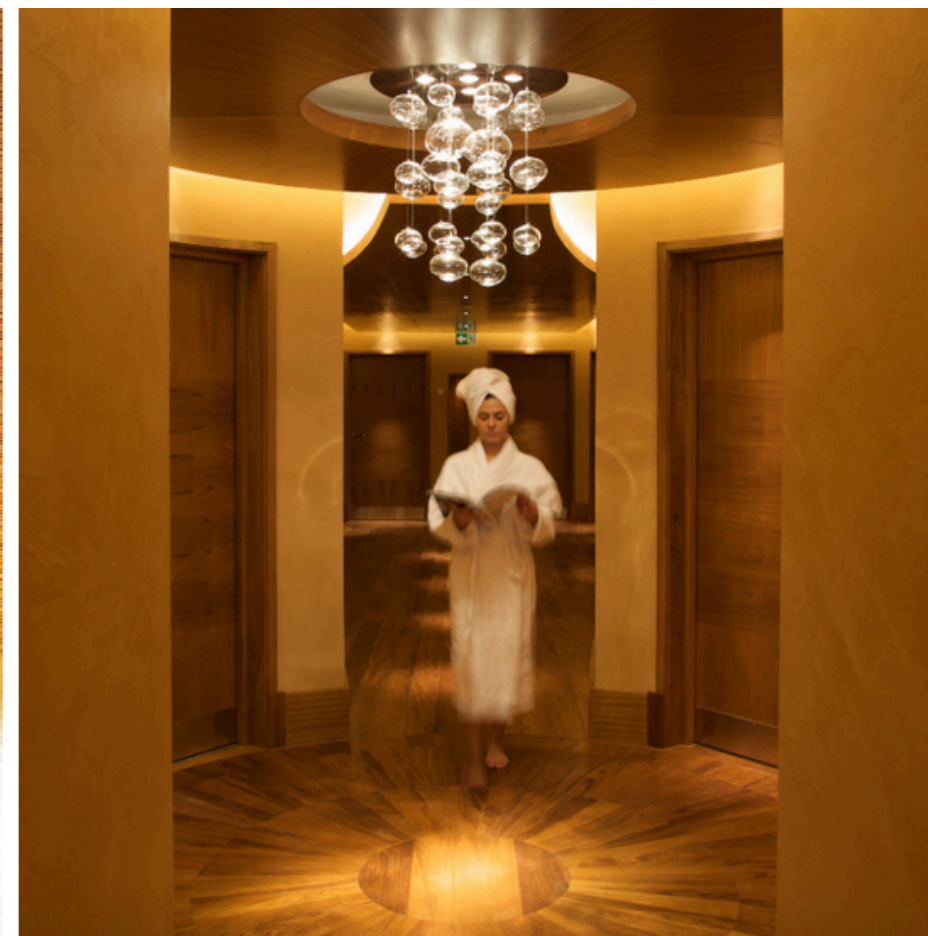
12 Spa Gift Vouchers

13 Spa Etiquette

15 Brands & Partners







SIGNATURE COLLECTION

Timeless classics, expertly curated for deep relaxation - where tradition meets tranquility...

Available as 60 mins | £160 – 90 mins | £240

ILLUMINATING FACIAL

Experience radiant skin with our Illuminating Facial, designed to brighten and rejuvenate your complexion. Using advanced techniques and natural products, this facial targets dullness, uneven tone, and fatigue, leaving your skin visibly glowing. Gentle exfoliation and nourishing serums are combined with soothing massage to enhance circulation and hydration. The result? A luminous, refreshed complexion that feels deeply revitalised and smooth.

LUCKNAM BESPOKE MASSAGE

Your therapist will combine different massage techniques drawing from their own skill to bring an overall sense of wellbeing. Choose calming for deep relaxation, invigorating to boost energy, detoxing to cleanse the body, or soothing for gentle relief.

MATERNITY MASSAGE

This nourishing and nurturing body treatment is suitable from the second trimester and throughout the post-partum period. Designed with ultimate comfort in mind, your therapist will use gentle and soothing movements to ease stress, tension and fatigue. Available as a focused treatment or full-body massage.

COCONUT LOMI LOMI MASSAGE

Mimicking the waves of the ocean, this Hawaiian-style full body massage includes long powerful strokes and deep stretches to release muscle tension. Enriching and hydrating, warm coconut oil is poured leaving you completely soothed, nourished, and renewed.



WELLBEING COLLECTION

Holistic Rituals, mindfully crafted to harmonise body and soul - cultivating a lasting sense of inner balance...

JADE GUA SHA SOOTHING FACIAL - 60 minutes | £160

Our most relaxing facial which focuses on the art of touch. Feel tension melt from the contours of the face, as the Gua Sha's glide across the skin to relieve tension and aid lymphatic drainage. The indulgent hand, arm and scalp massage drenches the skin in a rich blend of oils, infused with the therapeutic benefits of CBD, to deeply hydrate and restore profound serenity. The skin and senses are left renewed, relaxed, and radiant.

REFLEXOLOGY - 60 minutes | £160

Reflexology is the ancient art of applying pressure to points and reflex areas on the feet that reflect certain parts of the body, helping to alleviate areas of pain and tension, and helps restore equilibrium within the body.

PERFORMANCE COLLECTION

Where luxury and innovation unite - targeted treatments powered by prestigious brands, for transformative results...

MYOFASCIAL RELEASE AND DEEP TISSUE MASSAGE – 60 minutes | £180

A comprehensive stretching routine prepares the body for powerful massage techniques designed to manipulate deeper tissues, alleviate trigger points, and enhance muscle health. For intense relief of specific concerns, this is a firm pressured and targeted massage.

111SKIN DRAMATIC HEALING FACIAL – 60 minutes | £180

A high-performance facial that enhances the skin's ability to repair and re-strengthen itself using the iconic Y Theorem Repair Serum – a clinically-proven product which utilises the unique NAC Y2 formula. Combined with clinically developed protocols, including the Deep Muscle Facial Massage, skin health is completely restored.

Choose your focus:

Hydration | Brightening | De-Puffing | Anti-Ageing





DISCOVERY COLLECTION

A safe and soothing space for Children and Teenagers to discover the magic of wellbeing - a calming collection of treatments that will nurture, nourish, and inspire...

(Children 5-12)

CHOCOLATE HEAVEN – 45 mins | £120

Give your little one the gift of comfort and relaxation. Our specially designed Chocolate Heaven experience is perfect for children, offering a soothing and fun way to unwind. The self-heating Chocolate Body Mask feels like a cosy blanket, while a gentle facial promotes relaxation and leaves their skin soft and smooth. We finish with a nourishing Monoi Body Oil, ensuring your child's skin stays hydrated and cared for.

(Teenagers 13-16)

111SKIN REPARATIVE FACIAL – 60 minutes | £180

A high-performance facial that enhances the skin's ability to repair and re-strengthen itself, this is perfectly suited to skin that can feel sensitive, dry, or irritated. Using the iconic Y Theorem Repair Collection with its clinically proven NAC Y2 formula, alongside a customised eye mask of your choice to combat specific concerns, skin health is completely replenished. A restorative cleansing ritual and essence infusion is followed by an invigorating facial massage to stimulate nutrient delivery to the cells.

ILLUMINATING GUA SHA FACIAL – 60 minutes | £160

Relax and unwind with our natural soothing facial as the Gua Shas glide across the face to release tension. These cooling tools have been proven to reduce puffiness, inflammation, and sinus pressure, as well as boosting circulation and promoting lymphatic drainage. Your therapist will combine this powerful but simple tool along with natural products, leaving you with a refreshed and glowing complexion.



SPA GIFT VOUCHERS

Give the gift of The Spa by Lucknam Park. Choose from monetary vouchers or a variety of unique spa experiences - perfect for treating a loved one.

Our gift vouchers combine the award-winning spa with the best Lucknam has to offer, from overnight stays to equestrian activities, or Michelin-star dining.

[Click to explore and buy gift vouchers.](#)



SPA ETIQUETTE

Our spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone within the spa. The spa is a non-smoking environment.

Arrival Time

We ask that you arrive 15 minutes prior to your appointment in order to fill our health questionnaire if you have not already done so online.

Your therapist will begin the treatment with a short consultation to further personalise your experience.

Cancellation Policy

Please allow 24 hours for cancellation or rescheduling of treatments to avoid a 50% charge. Failure to arrive for your reservation will result in a 100% charge being levied. We require 72 hours' notice for cancellation of a Spa Day Experience to avoid a 100% charge.

Advisory Medical Note

Please note that the heat and the hydrotherapy experiences are not appropriate for guests under 16 years of age, during pregnancy or if under medical supervision. If you are undergoing medical treatment or think that you may be pregnant please advise at the time of your visit.

Opening Times

Spa Treatments run Monday-Sunday, 10am-6pm

Age Requirements

Guests under 16 must be accompanied by an adult when using the spa and indoor pool area.



BRANDS & PARTNERS

111SKIN

111SKIN is a luxury, doctor-led brand that bridges the gap between plastic surgery and skincare. Their surgically-precise formulas are backed by breakthrough skin science to optimise skin health and deliver visible, targeted results.

111SKIN
HARLEY ST. LONDON

KLORIS

Every Kloris CBD product is designed to be effective, sustainable and a joy to use. Their formulas use the finest natural ingredients with no unnecessary fillers, preservatives, colours, scents or flavourings, and all products are made in the UK.

KLORIS
LET NATURE LOVE YOU

NATURAL SPA FACTORY

*Incredible home-grown products created in the heritage city of Bath.
All Natural Spa Factory skincare is cruelty free, gender neutral and suitable for every body.*

naturalSpa factory®
— EST. BATH ENGLAND —

LUCKNAM PARK HOTEL & SPA, EMBLEMS COLLECTION, COLERNE, SN14 8AZ

Tel: +44 (0)1225 742777

www.lucknampark.co.uk

Follow us: @lucknam_park

